#Hello My Name Is
The Four Core Values

1. **Little things matter**
   - Offer to make a cup of tea,
   - Get chairs for people when visiting
   - Show you have the time to connect

2. **Communication**
   Communicate with empathy and compassion
   - Show you care
   - Treat them like your own family
   - Find a common thread or interest

3. **Person-centred care**
   Patients need to be:
   - Informed
   - Involved
   You need to:
   - Understand what their preferences are

4. **“See me, not just my disease”**
   Remember that patients come with prior relationships: mother, father, brother, friend, work colleague. They are so much more than their disease.

For more information about #Hello My Name is: https://www.hellomynameis.org.uk/
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